

# SWIMMING ANATOMY

Karel Laplaca

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## **Swimming Anatomy : Ian McLeod :**

Swimming Anatomy by Ian McLeod, , available at Book Depository with free delivery worldwide.

## **Anatomy of an Olympic Swimmer**

Library of Congress Cataloging-in-PublicationData. McLeod, Ian. Swimming anatomy / Ian McLeod. p. cm. ISBN(soft.

Swimming is a popular sport and recreational activity that uses most of the major muscles of the body. It has many health benefits including improved.

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No trivia or quizzes. At Arizona State University in Mesa, he provided athletic training and massage services to their swimming and diving teams.

HeisdeeplyinvolvedwithUSASwimming'sHighSwimmingAnatomyNetwork,agr  
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