

**WHEN YOU NEED A CHANGE**

**Marie Helgesen**

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### **7 Things You Can do if You Feel like You Need a Change**

I've found that the only way for a person to bring positive change to her life is if she makes the ultimate decision to do so. Sometimes people.

### **Something Has to Change: What to Do When You Feel Stuck | HuffPost**

You want to live the life of your dreams and passions yet don't know where to start. Here is how you can recognize where you're at and get unstuck quickly.

We need to follow what's on the inside instead -- that calling, that yearning that I know you feel sometimes to do what it is you want to do.

To change your life, you first need to do one simple thing. It's the same if you want start a business, kick an addiction, or try anything new.

If you feel like you need a change, don't hang around - do it. When you feel like every day has settled into a boring, monotonous routine, then.

You don't make a change, so you wait for it. You're waiting for the right time when you have enough bravery, enough money, enough maturity.

Related books: [Segurança no Desenvolvimento de Sistemas em Java \(Portuguese Edition\)](#), [Bones of Contention: A Dinah Pelerin Mystery #1 \(Dinah Pelerin Mysteries\)](#), [And I Love You So.....](#), [Thats Him](#), [In vollen Zügen unterwegs: Gedanken, Eindrücke und Erlebnisse rund um die Eisenbahn \(German Edition\)](#).

Group 11 Created with Sketch. I found it because I didn't let other peoples' opinions affect me.

You'll screw up, sometimes badly. Book a Holiday What better way to experience a change than to book a trip to a place where the way of life is totally different? But when you compare your situation to that of others, you're comparing your complete reality to their surface.

Following your heart may make no sense, and it may be the opposite of your plans do you think? If you feel like you need a change, don't hang around - do it.